

Linlithgow Tennis Club

Handbook 2021 -22



Welcome

Linlithgow Tennis Club offers a warm welcome to all members. The club provides a varied programme for players of all ages and abilities, and we encourage everyone to make full use of the facilities. The information in this handbook will give some idea of the activities available but if you need more information or have suggestions for improvements, please contact any committee member.

Keep in touch via Facebook www.facebook.com/linlithgowtennis or follow us on Twitter and Instagram @linlithgowtc or on our website: <https://linlithgowportsclub.com/tennis-zone/>

Committee Members & Office Bearers

President	Graham Laidlaw* grahamlaidlaw1@me.com Tel: 07458 648 148
Secretary	Marion Stevens secretary.tennis@linlithgowportsclub.com
Treasurer	Lesley Pettigrew lesley.pettigrew@blueyonder.co.uk
Junior Rep	Danielle Harris Danielle-l-harris@hotmail.co.uk
Welfare Officer	Laurie McKerrow laurie.mckerrow12@hotmail.com
	Andy Bonnar andy.bonnar@gmail.com
	Paddy Duffy paddyduffy@ccs-scotland.com
	Diane Mackie dianemackie74@yahoo.co.uk
	Tracy Hill tracy-hill@live.com
Head Coach	Gordon Watson* gordonwatson@totaltenniscoaching.com Tel: 07753 809122

*Board of Management representative

Weekly Programme

Monday	3.45 – 6.30pm 6.30 – 8.30pm	Junior coaching Club Night (adults) **
Tuesday	3.45 – 6.30pm 6.30 - 9pm	Junior coaching Ladies' matches (Apr - July)
Wednesday	3.30 – 6.30pm 6.30 – 8.30pm:	Junior Club Nights (5 – 12 years) Club Night (adults and teens) **
Thursday	4.00 - 6.30pm 6.30 - 9pm	Junior coaching Men's team matches (Apr-June)
Friday	9.00 – 10.30am 1.00 - 5.30pm 7.30 - 9pm	Club Morning (adults) ** Junior coaching Junior Club Night (13 – 17 years)
Saturday	9.00am – 1pm 4.00 – 8pm 4.30 – 6pm	Junior Coaching Junior social tournaments monthly Junior matches (Apr-June)
Sunday	4.00 – 6pm 7.30 – 8.30pm	Junior Matches (Apr – June) Adult coaching

** Temporarily suspended due to COVID-19 restrictions.

Courts are also used for cup matches, social events, holiday camps and tournaments. Please check court availability online.

Social Tennis

Adult social sessions are temporarily suspended due to COVID-19 restrictions. Junior club sessions as above.

Club Nights and Mornings take place on Monday and Wednesday nights April to September, and year-round on Friday mornings. All standards of player are welcome. Play is free and is on a first come, first served basis. Games should be played as one short set (to 4 games) or 20 minutes, whichever is the shorter.

Teams

Some teams are temporarily suspended due to COVID-19 restrictions.

We have a number of teams playing in the Tennis Central Scotland (TCS) leagues. Anyone interested in joining a team, please contact the relevant captain. Match fixtures can be found at: www.tenniscentralscotland.org.

Team Captains

Men's 1 st	Kevin Doyle	07974 134906
Men's 2 nd	Brian Joy	07715 487550
Ladies' 1 st	Diane Mackie	07769 263872
Ladies' 2 nd	Caroline McKie	07724 830689
Ladies O45	Edith McDowall	07974 392693
Men's Singles	Brian Joy	07715 487550
Gillespie Cup	Diane Mackie	07769 263872
Autumn League 1	Diane Mackie	07769 263872
Autumn League 2	Anne Marie French	07887 760333
Autumn League 3	Norrie Watson	07939 201649
Winter League	Roxanna Milne	07854 209173
12U	Fiona Neave	07970 903943
16U	Ian Shearer	07808 906665

Competitions and Events

A number of our usual social events and competitions have been suspended due to COVID-19 restrictions. Junior social tournaments will be held monthly on Saturdays 4 - 8pm. There is no 2021 Wimbledon Ballot. Other events will be notified to members on an ad hoc basis.

Road to Wimbledon	April / May. 14U tournament
Linlithgow Mini Open	12 -13 June. Mini tournament for 8U, 9U and 10U
Club Finals Day	Sunday, 29 August
Mini Club Championships	Saturday, 4 September (tbc)
Linlithgow Junior Open	10 -12 September (tbc). Grade 4 junior tournament 12U – 18U

Tennis Scotland will be holding a UKCC Level 1 course at the club on 26 - 27 June and 24 July. The Tennis Central Scotland Annual Tournament is due to take place in August (dates tbc). Entry is open to members of clubs in Central District, including Linlithgow. Enter via the LTA website.

Coaching

The coaching programme is run by Head Coach Gordon Watson. He is a Level 4 Senior Performance Coach and has a team of LTA qualified coaches to assist with providing coaching. All coaches are disclosure checked and first aid trained. For all coaching enquiries contact Gordon Watson Tel: 07753 809122

Email gordonwatson@totaltenniscoaching.com.

Junior Coaching Calendar

Block/Course Name	Dates	Duration
Easter Camps	5 -16 April	2 x 1-week courses
Spring / Summer Block	19 Apr – 26 June	10 week block
Summer Camps	28 June – 14 Aug	7 x 1-week courses
Autumn Block	16 Aug – 7 Nov	12 week block
October Camps	11 -15 Oct	1 week course
Winter block	8 Nov – 11 Dec	5 weeks
*New Year	5 Jan – 1 April	12 weeks

All dates are subject to alteration. To book a course, download the Total Tennis app from the app store.

Adult coaching

Sundays 7.30 – 8.30pm and Tuesdays 7.30 - 8.30pm. Lessons for adult beginners and improvers run according to demand. One-to-one or small group private lessons may be arranged directly with Gordon. Court bookings for individual lessons are the responsibility of the Member(s) concerned.

Court Booking

1. Open the booking system via the Club website or using the link <http://www.my-reservations.net/cgi-bin/scheduling/linlithgowtennis/schedule.cgi>
2. Select day and time for booking. Courts may be booked up to 8 days in advance.
3. Input login details. Username format is *firstnamesurname* e.g. *joebloggs*; Password is your clubhouse entry card number, e.g. *1234* (except for some members who joined in summer 2020 and were not issued membership cards initially)
4. Repeat for additional slots up to 90 minutes

The lead name on a booking is the person responsible for keeping a record of all players on their court for a period of 21 days for Test and Protect.

Cancellations - If you book a court but are unable to play, please remember to cancel your reservation as a courtesy to other players.

Floodlights

Cost: £1 for 30 minutes. Meters are located in the clubhouse just inside the east door near the car park. They take £1 coins. Insert up to three coins but let the first drop before adding any more to avoid jams occurring.

It is best to avoid letting lights go out before paying for additional lighting as there will be a delay of up to 15 minutes before they return to full strength. Lights or meters requiring maintenance should be reported to a committee member as soon as possible.

Visitors

Visitor fees: Adult - £5. Child (under 18) - £3

Members may introduce up to two visitors in any one-month. An individual guest may only play once in any month. Please pay Linlithgow Tennis Club by bank transfer to Account No: 13709762 Sort Code: 80-22-60. Reference: Member's surname + visitor fees e.g. 'Federer visitor fees'.

Membership Cards

Lost cards should be reported to the Membership Secretary. membership@linlithgowsportsclub.com
Replacement cards cost £5.

Ball Machine

Temporarily out of use due to COVID-19 restrictions.

Only for use by adult members who have attended an induction day. For induction dates contact Stuart Coe: stuart.coe@dsl.pipex.com

Easyfundraising

Linlithgow Tennis Club is registered with easyfundraising. You can help raise much-needed funds for the club at over 4,000 shops and sites which will donate to us for FREE every time you use easyfundraising to shop with them. Go to https://www.easyfundraising.org.uk/causes/linlithgowtennisclub/?utm_campaign=raise-more and join for free. There are no catches or hidden charges and Linlithgow Tennis Club will be very grateful for your donations.

Club Rules

The club is operating in line with coronavirus guidelines issued by the Scottish Government and Tennis Scotland.

1. Do not attend the club if you have coronavirus symptoms or are self-isolating.
2. Maintain 2m physical distancing on and off the courts.
3. Use your own hand sanitiser on entering and leaving the courts.
4. Wear a face covering inside the clubhouse
5. Adult members may play at any time.
6. Mini-Tennis Parents may play only with their Mini Member child. They may play until 6.30pm Monday – Friday and at weekends from 1pm.
7. Members under the age of 18 years may book courts and play until 6.30pm. When restrictions are lifted, they may play any time a court is free.
8. Adults have priority on court after 6.30pm.
9. Members may book one court for up to 90 minutes per day.
10. Always book a court before playing. No 'turn up and play'.

Court Etiquette

1. Members and their guests are expected to conduct themselves in an orderly fashion at all times.
2. Appropriate sports clothing and footwear must be worn.
3. Do not hit the nets with your racquet, or tighten them too much. (*Net winders have been temporarily removed*)
4. Nets should be slackened at the end of play if no one is coming on to the court. (*Not applicable until further notice*)
5. **Do not walk past the end of a court when play is in progress.** This is dangerous both to you and the players on court. Wait until the point has ended.
6. If your ball rolls on to another court, wait until the players have finished their point before retrieving it or until they pass it back to you. **Do not follow your ball on to someone else's court.**
7. Please remove and dispose of any rubbish at home. (*Bins are temporarily out of use*). Do not drop chewing gum on the courts.
8. In order to minimise uneven wear on the courts, when the courts are quiet, players should use courts 3 & 4 in preference to courts 1 & 2.

<https://linlithgowsportsclub.com/tennis-zone/>

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