

# Linlithgow Tennis Club



## Handbook 2020 -21

### Welcome

Linlithgow Tennis Club offers a warm welcome to all members. The club provides a varied programme for players of all ages and abilities, and we encourage everyone to make full use of the facilities. The information in this handbook will give some idea of the activities available but if you need more information or have suggestions for improvements, please contact any committee member.

Keep in touch via Facebook [www.facebook.com/linlithgowtennis](http://www.facebook.com/linlithgowtennis) or follow us on Twitter and Instagram @linlithgowtc or on our website: <https://linlithgowsportsclub.com/tennis-zone/>

### Committee Members & Office Bearers

President	Graham Laidlaw	Tel: 07458 648 148
	<a href="mailto:grahamlaidlaw1@me.com">grahamlaidlaw1@me.com</a>	
Secretary	Marion Stevens	
	<a href="mailto:secretary.tennis@linlithgowsportsclub.com">secretary.tennis@linlithgowsportsclub.com</a>	
Treasurer	Lesley Pettigrew	
	<a href="mailto:lesley.pettigrew@blueyonder.co.uk">lesley.pettigrew@blueyonder.co.uk</a>	
Junior TCS Rep	Danielle Harris	
	<a href="mailto:Danielle-l-harris@hotmail.co.uk">Danielle-l-harris@hotmail.co.uk</a>	
Welfare Officer	Laurie McKerrow	
	<a href="mailto:laurie.mckerrow12@hotmail.com">laurie.mckerrow12@hotmail.com</a>	
Ordinary committee members	Andy Bonnar Paddy Duffy Diane Mackie	
Head Coach	Gordon Watson	Tel: 07753 809122
	<a href="mailto:gordonwatson@totaltenniscoaching.com">gordonwatson@totaltenniscoaching.com</a>	
<b>Board of Management Reps</b>	Graham Laidlaw and Gordon Watson	

## Weekly Programme

<b>Monday</b>	3.45 – 6.30pm: Junior coaching 6.30 – 8.30pm: Club Night (adults)
<b>Tuesday</b>	3.45 – 6.30pm: Junior coaching 6.30 - 9pm Ladies' matches (Apr - July)
<b>Wednesday</b>	10.30am-12pm: O55 mixed doubles matches (Apr-June) 6.30 – 8.30pm: Club Night (adults and teens)
<b>Thursday</b>	4.00 - 6.30pm: Junior coaching 6.30 - 9pm Men's team matches (Apr-June)
<b>Friday</b>	9.00 – 10.30am: Club Morning (adults) 1.00 - 5.30pm: Junior coaching 7.00 - 9.30pm Ladies' / Men's Matches (Apr-June)
<b>Saturday</b>	9.00am – 12.00pm: Coaching 1.30 – 3pm: Club Afternoon (adults and teens) 4.30 – 6pm: Junior matches (Apr-June)
<b>Sunday</b>	4.00 – 6pm Junior Matches (Apr – June) 4.00 – 6pm: Junior matches (Apr-June)

Courts are also used for LTA Team Tennis matches, Cup matches, open days and tournaments. Please check court availability online to avoid disappointment.

## Social Tennis

Club sessions are free and take place each week on Monday / Wednesday nights April to September, and year round on Fridays and Saturdays during the day. Times as above. All standards of player are welcome. Play is free and is on a first come, first served basis. Games should be played as one short set (1<sup>st</sup> to 4 games) or 20 minutes, whichever is the shorter.



## Teams

All summer league matches from April to June 2020 have been cancelled due to the coronavirus (COVID-19) outbreak. Members will be informed of the position for the Ladies O45, Men's Singles, Gillespie Cup and Autumn Leagues when known.

We have a number of teams playing in the Tennis Central Scotland (TCS) leagues. Anyone interested in joining a team, please contact the relevant captain. Match fixtures can be found in the TCS Handbook at: [www.tenniscentralscotland.org](http://www.tenniscentralscotland.org)

### Senior Team Captains

Men's 1 <sup>st</sup>	Kevin Doyle	07974 134906
Men's 2 <sup>nd</sup>	Brian Joy	07715 487550
Men's 3 <sup>rd</sup>	Andy Bonnar	07557 973564
Ladies 1 <sup>st</sup>	Roxanna Milne	07854 209173
Ladies 2 <sup>nd</sup>	Caroline McKie	07724 830689
Ladies 3 <sup>rd</sup>	Sally Bell	07876 064204
Ladies O45	Edith McDowall	07974 392693
Mixed O55	Brian Joy	07715 487550
Men's Singles	Brian Joy	07715 487550
Gillespie Cup	Diane Mackie	07769 263872
Autumn League 1	Diane Mackie	07769 263872
Autumn League 2	Anne Marie French	07887 760333
Autumn League 3	Norrie Watson	07939 201649
Winter League	Roxanna Milne	07854 209173

### Junior Team Captains

12U 1 <sup>st</sup>	Elaine Honeyford	07946 633138
12U 2 <sup>nd</sup>	Fiona Neave	07970 903943
16U 1 <sup>st</sup>	Sheila Tait	07902 802309
16U 2 <sup>nd</sup>	Ian Shearer	07808 906665

## Club Merchandise / Team Kit

A wide variety of junior and adult club kit items can be purchased from our online shop at: <http://www.linlithgow.merchandise.clothing>



## Coaching

All coaching for the foreseeable future has been cancelled due to the coronavirus (COVID-19) outbreak. Members will be informed when courts re-open and coaching recommences

The Club has appointed Gordon Watson as Head Coach. He runs the Club's coaching programme. Gordon is a Level 4 Senior Performance Coach and has a team of LTA qualified coaches to assist with providing coaching.

### Junior Coaching Calendar

Block/Course Name	Dates	Duration
Easter Camps	6 -17 April	2 x 1-week courses
Spring / Summer Block	20 Apr – 27 June	10 week block
Summer Camps	29 June – 15 Aug	7 x 1-week courses
Autumn Block	17 Aug – 8 Nov	12 week block
October Camps	12 -16 Oct	1 week course
Winter block	9 Nov – 12 Dec	5 weeks
*New Year	6 Jan – 2 April	12 weeks

All dates are subject to alteration. To book a course, download the Total Tennis app from the app store. Winter coaching continues outside for older juniors depending on weather. Mini-tennis coaching moves indoors in winter. Indoor places are limited due to restricted availability of suitable indoor accommodation.

### Adult coaching

Lessons for beginners and improvers will be advertised and blocks run according to demand, starting in April. One-to-one or small group private lessons may be arranged directly with Gordon.

### Private lessons

Private lessons are available for juniors and adults. Court bookings for individual lessons are the responsibility of the Member(s) concerned.

Enquiries to Gordon Watson

Email [gordonwatson@totaltenniscoaching.com](mailto:gordonwatson@totaltenniscoaching.com).

Tel: 07753 809122



## Competitions and Events

All events for the foreseeable future have been cancelled due to the coronavirus (COVID-19) outbreak. Members will be informed when courts re-open and notified of events as they are confirmed.

Wimbledon Ballot	April
Mixed Doubles Tournament	April following ballot
Quorn Family Cup (red ball)	April / May
Road to Wimbledon	May
Nature Valley Open Day	May
Linlithgow Mini Open	June 8U 9U 10U
President's Day & BBQ	June
Central Development match plays	July / August
Linlithgow Junior Open	11-13 September 12U14U 16U 18U
Hallowe'en tournament	26 October
Ladies' End of Season Social	October

### Club Championships

Preliminary rounds	June to August
Finals Day	Sunday 30 August.
Mini Club Championships	Saturday 05 September

### Tennis Central Scotland Annual Tournament

10 – 14 August at Bridge of Allan. Events are for mini-tennis, juniors and adults. Entry is open to members of clubs in Central District, including Linlithgow (and closed to other players). Enter via the LTA website.



## Court Bookings

Courts may be booked using the link below (also on the Club website).  
<http://www.my-reservations.net/cgi-bin/scheduling/linlithgowtennis/schedule.cgi>

All ages of members may book courts. Maximum booking is one court per day for up to 90 minutes. Courts may be booked up to 8 days in advance. Junior members under 18 years of age may book courts until 6.30pm.

- Username format is *firstnamesurname* e.g. *joebloggs*
- Password is your clubhouse entry card number, e.g. *1234*

Cancellations - If you book a court but are then unable to play, please remember to cancel your reservation as a courtesy to other players.

## Visitors

Members may introduce up to two visitors in any one-month. An individual guest may only play once in any month. Visitor fees of £5 (adults) or £3 (under 18s) should be deposited in the letter box at the main door to the clubhouse or behind the bar. Envelopes are provided on the inside notice board. Please mark 'Tennis'.

## Floodlights

Meters are located in the clubhouse and take £1 coins. Cost: £1 for 30 minutes. If lights are allowed to go out, there will be a delay of up to 15 minutes before they return to full strength. Lights requiring maintenance should be reported to a committee member as soon as possible.

## Membership Cards

Lost cards should be reported to the Membership Secretary. Replacement cards cost £5. [membership@linlithgowsportsclub.com](mailto:membership@linlithgowsportsclub.com)

## Ball Machine

May be hired (£5 per hour) by adult members who have attended an induction day. For induction dates contact Stuart Coe: [stuart.coe@dsl.pipex.com](mailto:stuart.coe@dsl.pipex.com)



## Club Rules

1. Adult members may play at any time.
2. Mini-Tennis Parents may play with their Mini Member child until 6.30pm Mon - Fri, and Sat & Sun from 1pm. They may book courts up until 6.30pm.
3. Teen members may play at any time, subject to court availability. They may book courts up until 6.30pm.
4. Junior and Mini members may play until 6.30pm and thereafter only when a court is free. They may book courts up until 6.30pm.
5. Adults have priority on court after 6.30pm and may ask under 18s to vacate courts if no others are free. This also applies to a child playing with an adult.
6. Members may book one court for up to 90 minutes per day.

## Court Etiquette

1. Members and their guests are expected to conduct themselves in an orderly fashion at all times.
2. Appropriate sports clothing and footwear must be worn.
3. Do not hit the nets with your racquet, or tighten them too much.
4. Nets should be slackened at the end of play if no one is coming on to the court.
5. Do not walk past the end of a court when play is in progress. This is dangerous both to you and the players on court.
6. Please remove and dispose of any rubbish. Bins are provided at the courts for your use – please use them. Do not drop chewing gum on the courts.
7. In order to minimise uneven wear on the courts, when the courts are quiet, players should use courts 3 & 4 in preference to courts 1 & 2.

<https://linlithgowsportsclub.com/tennis-zone/>

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