

Linlithgow Tennis Club



Handbook 2018 -19

Welcome

Linlithgow Tennis Club offers a warm welcome to all members. The club provides a varied programme for players of all ages and abilities, and we encourage everyone to make full use of the facilities. This information in this handbook will give some idea of the activities available but if you need more information or have suggestions for improvements, please contact any committee member. You can also keep in touch via our Facebook page: www.facebook.com/linlithgowtennis and find out more from our website: <https://linlithgowsportsclub.com/tennis-zone/>
Have a good season!

Committee Members & Office Bearers

President	Graham Laidlaw	Tel: 07810 507098 grahamlaidlaw1@me.com
Secretary	Marion Stevens	secretary@linlithgowtennis.co.uk
Treasurer	Lesley Pettigrew	lesley.pettigrew@blueyonder.co.uk
Junior TCS Rep	Danielle Harris	Danielle-l-harris@hotmail.co.uk
Welfare Officer	Laurie McKerrow	laurie.mckerrow12@hotmail.com
Ordinary committee members	Andy Bonnar Paddy Duffy Diane Mackie	
Head Coach	Gordon Watson	Tel: 07753 809122 Gordon@totaltenniscoaching.com
Board of Management Reps	Graham Laidlaw and Laurie McKerrow	



Weekly Programme

Monday	3.45 – 6.30pm: Junior coaching 6.30 – 7.30: Cardio Tennis (winter) 6.30 – 8.00pm: Club Night (adults)
Tuesday	3.45 – 6.30pm: Junior coaching 6.30 - 9pm Ladies matches (Apr - July)
Wednesday	3.45 – 6.30pm: Junior coaching 10.30am -12pm: O55 mixed doubles matches (Apr-June) 6.30 – 8.00pm: Club Night (adults and teen members)
Thursday	4.00 - 6.30pm: Junior coaching 6.30 - 9pm Men's team matches (Apr-June)
Friday	9.00 – 10.30am: Club morning 1.00 - 5.30pm: Junior coaching 5.30 - 9.30pm Matches (Apr-June)
Saturday	9.00am – 1.00pm: Coaching 4.30 – 6pm: Junior matches (Apr-June)
Sunday	9.30 – 12.30: Coaching

Courts are also used for Aegon matches, Cup matches, open days and tournaments. Please check court availability online to avoid disappointment.

Club Nights / Morning (April – September) Play is free and is on a first come, first served basis. Games should be played as one short set (1st to 4 games) or 20 minutes, whichever is the shorter. Any standard of player is welcome.



Teams

We have a number of adult and junior teams playing in the Tennis Central Scotland (TCS) leagues. Matches are played in Central District. Players interested in joining a team, please contact the relevant captain. Selection is based on merit and is at the captain's discretion. Match fixtures can be found in the TCS Handbook at: www.tenniscentralscotland.org

Senior Team Captains

Gents 1 st	David Devine	07397 897629
Gents 2 nd	Stephen Bell	07712 488801
Gents 3 rd	Kenny Petrie	07935 566682
Ladies 1 st	Diane Mackie	07769 263872
Ladies 2 nd	Anne Marie French	07887 760333
Ladies 3 rd	Audrey Henderson	07808 342814
Ladies O45	Alison Dickson	01506 847670
Mixed O55	Brian Joy	07715 487550
Gillespie Cup	Diane Mackie	07769 263872

AL1	Alison Kirkwood	07787700681
AL2	Diane Mackie	07769 263872
AL3	Kenny Petrie	07935 566682
Winter League	Norrie Watson	07939 201649

Junior Team Captains

Boys 16U	Sheila Tait	07902 802309
Boys 14U	Nolene Fulton	07947 986080
Mixed 12U	Suzy Featherstone	07967 981178

Club Merchandise / Team Kit

There is a wide variety of junior and adult club kit available to order from our online shop. The link below can also be found on the the club website.

<http://www.linlithgow.merchandise.clothing>



Coaching

Gordon Watson has been appointed as Head Coach to run the club's coaching programme. Gordon is a Level 4 Senior Performance Coach and has a team of LTA qualified coaches to assist with providing coaching. All enquiries to Gordon Watson. Email Gordon@totaltenniscoaching.com
Tel: 07753 809122

Private lessons are also available; please contact Gordon per details above. Court bookings for individual lessons are the responsibility of the Member(s) concerned.

Junior Coaching Calendar

Block/Course Name	Dates*	Duration
Easter Camps	26 – 30 March	1 week course
Spring Block	16 Apr – 30 June	11 week block
Summer Camps	2 July – 10 Aug	1 week courses
Autumn Block	20 Aug –9 Nov	12 week block
October Camps	15-19 Oct	1 week course

*Subject to alteration

Winter coaching will continue outside for juniors depending on weather. Mini-tennis coaching will move indoors in winter. Dates are subject to confirmation. Full details and registration forms will be posted on the club website.

Adult coaching

Lessons for beginners and improvers will be advertised and blocks run according to demand, starting in April. One-to-ones or small group private lessons may be arranged directly with Gordon.



Club Events

Wimbledon Ballot	Sun 22 April at 1.30pm
President's Trophy	Sun 22 April 1.30 - 5pm Adult mixed doubles social
Quorn Cup (Red ball)	Sat 28 April Family doubles for age 10U & adult
Club Open Day	Sat 12 May 2.30- 4.30pm Great British Tennis Weekend
Road to Wimbledon	26 May (tbc) Boys and girls singles for age 14U
Linlithgow Mini Open	9 -10 June; Grade 4 open singles tournament for ages 8U, 9U and 10U (enter online via LTA website)
Club Championships Adult Finals Day Junior & Mini events	Preliminary rounds to be played June - August. Sun 26 August end August / start September tbc
Linlithgow Junior Open	7 - 9 September; Grade 4 open singles tournament for ages 12U, 14U, 16U 18U (enter online via LTA website)

Other events may be organised throughout the year. Volunteers are always needed and welcome! If you are prepared to help in any of the activities, please contact one of the committee.

Tennis Central Scotland Tournament - 13 -18 August 2018 (tbc)

Open to members of Central District clubs, including Linlithgow members. There are events for age 8u – adult. Enter online via LTA website. Venues include Bridge of Allan, Dunblane, and Gannochy Tennis Centre, Stirling.



Court Bookings

Courts may be booked via our website. <https://linlithgowsportsclub.com/tennis-zone/>

Or directly from the booking page using the link below

<http://www.my-reservations.net/cgi-bin/scheduling/linlithgowtennis/schedule.cgi>

Courts may be booked up to 8 days in advance. Members may book one court per day for up to a maximum of 90 minutes. Adults have priority on court after 6.30pm. Players under 18 may only book courts up to 6.30pm.

- **Username format is *firstnamesurname* e.g. *joebloggs***
- **Password is your clubhouse entry card number, e.g. 2590**

If you book a court but are then unable to play, please **remember to cancel your reservation** as a courtesy to other players.

Visitors

Members may introduce up to two visitors in any one-month, and an individual guest may only play once in any month. Members playing with visitors should deposit the fee of £5 (adults) or £3 (under 18s) in the visitor box at the clubhouse or behind the bar. Envelopes are provided on the court notice board.

Floodlights

Cost: £1 per half hour) Meters are located in the clubhouse and take £1 coins. If lights are allowed to go out, there will be a delay of up to 15 minutes before they return to full strength. Lights requiring maintenance should be reported to a committee member as soon as possible.

Membership Cards

Lost cards should be reported to the Membership Secretary.

membership@linlithgowsportsclub.com

Ball Machine - May be hired (£5 per hour) by adult members who have attended an induction day. For induction dates contact Stuart Coe: stuart.coe@dsl.pipex.com



General Rules

1. Adult members may play at any time.
2. Mini-Tennis Parents may play until 6.30pm Mon - Fri, and Sat & Sun from 1pm. They may book courts up until 6.30pm.
3. Teen members may play at any time, subject to court availability. They may book courts up until 6.30pm.
4. Juniors and Mini members may play until 6.30pm and thereafter only when a court is free. They may book courts up until 6.30pm.
5. Adults have priority on court after 6.30pm and may ask under 18s to vacate courts if no others are free. This also applies to a child playing with an adult.
6. Members may book one court for up to 90 minutes per day.

Court Etiquette

Members and their guests are expected to conduct themselves in an orderly fashion at all times.

Appropriate sports clothing and footwear must be worn.

Do not hit the nets with your racket, or tighten them too much.

Nets should be slackened at the end of play if no one is coming on to the court.

Do not walk past the end of a court when play is in progress. This is dangerous both to you and the players on court.

Please remove and dispose of any rubbish. Bins are provided at the courts for your use – please use them. Do not drop chewing gum on the courts.

In order to minimise uneven wear on the courts, when the courts are quiet, players should use courts 3 & 4 in preference to courts 1 & 2.

<https://linlithgowsportsclub.com/tennis-zone/>

Linlithgow Sports Club, Boghall, Linlithgow EH49 6AB

Tel. 01506 847480

